



Season Opener 5KM at Salwa Compound

6th September 2012

Not quite the numbers on the gate list but an excellent turnout of 103 runners kicked off RRR's first race of the season.

Despite a slight delay from the advertised start time the weather was a pleasant (ha ha) 42C at the start and some enthusiastic fast starters were suddenly regretting their initial exuberance! Crash and burn suckers

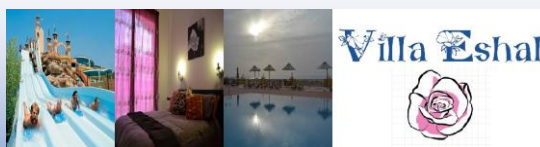
Riyadh's own Mo (Foustok not Farah) soon showed that despite this being his second run of the day his form from last season had been maintained and he crossed the line over a minute ahead of second placer Alexandre Alberola breaking the tape (metaphoric not actual) in 17.49.

Other runs of note were PB (PR!) man Chris Nixon in 6th place and RRR newcomer Claire Rutherford finishing second in the ladies race behind RRR Chairwoman Liz Laughton.

Only major issue of the day was the number of people suffering migraines from close contact with Mo Foustok's sunglasses – at least they disproved the old saying you can't get anything for SR 5 nowadays?

By Don Johnston (age 60)

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