



Festive Five at Eid Compound – 21st December 2012

Accompanied by the festive sound of bells kindly supplied by Marge Homer Benning the final event of 2012 saw 28 runners complete the full distance with a further 7 going for shorter options.

Five laps seems a lot but actually passes very quickly especially with encouraging shouts from the officials each time we passed through the finish area – thanks guys.

Gary McGregor again led the field home ahead of Russ McArthur (first veteran) and Padraig Cusack. Frank Sigismondi was first Master with Dan Klecker second in the category and in the Seniors it was great to see Matti Aalto returning after a long injury. No doubt he will be back to full fitness (and beating me!) very shortly.

In the Ladies Liz (this is my last race, again) Laughton was an easy winner by over four minutes with Denise Johnson (first master) in second and Margo Benning in third.

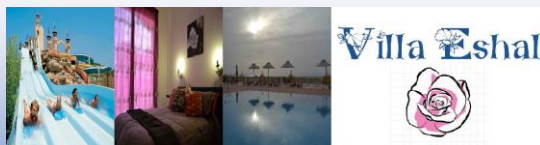
After the race RRR provided an excellent buffet breakfast in the compound restaurant which was enjoyed by everyone.

Next race is 5km on 4th January 2013 – Santa says be there to kick off your new year racing!

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