



**Event:** 8km Series (2 of 3) **Date:** 4<sup>th</sup> November 2016  
**Venue:** Ishbilia Compound **Conditions:** Sunny and warm 28°C  
**Race Director:** Mark Appleton  
**Registration:** Julie Appleton, Nichole Kard, Tina Olsson, Claudine Roghi  
**Course Setting/Clear up:** Mark Appleton, Nelly Attar, Martin Findlay, Amr Moemen, Jeffery Pingul, Piotr Wysocki  
**Photos:** Andy Betson  
**Results:** Claudine Roghi

Place	Chip #	Name	Category	Lap 1	Lap 2	Time
1	AAEW-215	Giampaolo Ragosta	Open	0:15:51	0:15:39	0:31:30
2	AAEW-100	Sam Richards	Open	0:15:46	0:16:52	0:32:37
3	AAEK-7	Thomas Brackmann	Open	0:16:41	0:17:37	0:34:18
4	AAEW-24	Jean-Pierre Berthiaux	Master	0:16:57	0:17:28	0:34:25
5	AAEK-251	Mohamed Soliman	Open	0:16:33	0:17:54	0:34:26
6	AAEW-8	Taleb Alessa	Open	0:17:25	0:17:48	0:35:12
7	AAEW-137	Abdulaziz Alhumaid	Open	0:16:57	0:18:34	0:35:31
8	AAEK-337	Rodney Woodward	Master	0:17:24	0:18:18	0:35:41
9	AAEW-304	Malek Chatila	Open	0:17:34	0:18:59	0:36:32
10	AAEW-65	Sunil Kandola	Open	0:17:46	0:18:48	0:36:33
11	AAEW-20	Kola Balogun	Open	0:17:41	0:19:22	0:37:03
12	AAEW-84	Roy Mitton	Veteran	0:18:00	0:19:16	0:37:16
13	AAEK-174	abdulaziz Almuayqil	Open	0:18:18	0:19:04	0:37:21
14	AAEW-301	Javier Rico	Master	0:18:50	0:18:41	0:37:30
15	AAEW-133	Eugene Farrell	Veteran	0:18:53	0:18:54	0:37:46
16	AAEW-2	Rotimi Akinsiku	Veteran	0:18:38	0:19:32	0:38:09
17	AAEK-49	Claudine Roghi	Veteran	0:19:04	0:19:23	0:38:26
18	AAEK-55	Antonio Suarez Fernandez	Veteran	0:19:07	0:19:32	0:38:39





Place	Chip #	Name	Category	Lap 1	Lap 2	Time
19	AAEW-326	Madhur Bhandari	Open	0:18:49	0:20:01	0:38:49
20	AAEK-295	Ibrahim Soliman	Open	0:18:57	0:20:16	0:39:12
21	AAEK-100	Francisco Javier Casas Cobo	Veteran	0:19:56	0:19:17	0:39:13
22	AAEW-128	Matthew Mason	Open	0:19:05	0:20:17	0:39:22
23	AAEW-14	Kenthly Avelino	Veteran	0:19:22	0:20:09	0:39:31
24	AAEW-99	Joseph Vincent Reyes	Open	0:19:22	0:20:14	0:39:36
25	AAEW-195	Piotr Wysocki	Veteran	0:18:58	0:20:38	0:39:36
26	AAEK-107	Mia McDowell	Veteran	0:19:28	0:20:10	0:39:37
27	AAEW-15	Mark Appleton	Master	0:20:27	0:19:44	0:40:10
28	AAEW-70	David Magaz	Open	0:20:28	0:19:44	0:40:11
29	AAEW-136	Mahdi Alaqeel	Open	0:19:50	0:20:39	0:40:28
30	AAEW-298	Keith Pugh	Open	0:19:26	0:21:15	0:40:41
31	AAEK-109	Johan Swart	Master	0:19:45	0:21:10	0:40:54
32	AAEK-179	Naomi Gordon	Open	0:19:32	0:21:22	0:40:54
33	AAEK-299	David Martinez	Veteran	0:20:29	0:20:32	0:41:01
34	AAEW-320	John Ryan	Veteran	0:19:56	0:21:36	0:41:31
35	AAEW-95	Abdullah Almasnad	Open	0:20:12	0:21:34	0:41:46
36	AAEW-147	Marie-Pierre Arminjon	Veteran	0:21:04	0:21:17	0:42:21
37	AAEW-308	Abdulrahmn Alzaid	Open	0:22:46	0:19:40	0:42:26
38	AAEW-78	Nikki Layne	Veteran	0:21:10	0:21:17	0:42:27
39	AAEW-146	Balthazar Arminjon	Junior	0:21:49	0:20:39	0:42:28
40	AAEK-270	Mark McCormack	Veteran	0:20:37	0:22:10	0:42:46
41	AAEW-53	James Hacking	Open	0:21:03	0:22:22	0:43:24
42	AAEK-298	Wessam Ibrahim	Open	0:22:52	0:21:27	0:44:18





Place	Chip #	Name	Category	Lap 1	Lap 2	Time
43	AAEW-179	Mohab Mohamed	Open	0:21:29	0:22:50	0:44:19
44	AAEW-220	Tebogo Chipu	Open	0:21:55	0:22:36	0:44:30
45	AAEW-64	Angel Algerico Juarez	Veteran	0:22:22	0:22:27	0:44:49
46	AAEW-310	Rodolphe Issa	Open	0:21:51	0:23:02	0:44:52
47	AAEK-283	Nelly Attar	Open	0:22:09	0:22:48	0:44:56
48	AAEW-183	Chris Parsons	Master	0:22:08	0:22:59	0:45:06
49	AAEK-24	Amanda Lenzlinger	Veteran	0:21:45	0:23:25	0:45:10
50	AAEW-252	Gyoungoh Jang	Master	0:21:58	0:23:26	0:45:24
51	AAEK-328	Jose Antonio Lucas Carmona	Master	0:21:33	0:23:58	0:45:31
52	AAEK-464	Bruno Syfrig	Senior	0:22:17	0:23:21	0:45:37
53	AAEK-156	Maram Aleid	Open	0:22:06	0:23:54	0:45:59
54	AAEW-79	Paul Siner	Veteran	0:23:43	0:22:18	0:46:00
55	AAEW-18	Carrie Baker	Open	0:23:22	0:22:40	0:46:01
56	AAEW-39	Khaled Essam	Open	0:22:04	0:24:00	0:46:03
57	AAEW-26	Sarah Blainey	Open	0:23:23	0:22:43	0:46:06
58	AAEW-309	TamIm Mohamed	Junior	0:22:47	0:23:37	0:46:23
59	AAEW-52	Yamkela Gxotani	Open	0:23:30	0:23:20	0:46:50
60	AAEW-316	ales nesvadba	Veteran	0:22:15	0:24:41	0:46:55
61	AAEW-101	Jaime Rodenas	Open	0:23:29	0:23:31	0:46:59
62	AAEK-68	Dragan Petkovski	Master	0:22:39	0:24:39	0:47:17
63	AAEW-219	Patricia Villegas	Open	0:22:54	0:24:28	0:47:22
64	AAEW-227	Rodney Simonetti	Senior	0:22:59	0:24:55	0:47:53
65	AAEW-51	vikas Gupta	Veteran	0:23:00	0:25:09	0:48:08
66	AAEW-55	Gregory Hazlett	Master	0:23:01	0:25:44	0:48:44





Place	Chip #	Name	Category	Lap 1	Lap 2	Time
67	AAEW-206	Myron Anderson	Senior	0:23:58	0:24:48	0:48:45
68	AAEW-63	Denis Lahaye	Open	0:23:18	0:25:30	0:48:47
69	AAEK-43	Aabeda Pandor	Open	0:24:43	0:24:05	0:48:48
70	AAEK-64	Ilter Cacur	Open	0:24:19	0:24:33	0:48:52
71	AAEK-163	Guido Tavares	Veteran	0:23:37	0:25:17	0:48:53
72	AAEW-218	Kevin Lastra	Open	0:23:08	0:25:47	0:48:54
73	AAEW-83	Michael Lahoud	Open	0:24:20	0:25:17	0:49:37
74	AAEW-338	Theodore Georgocopoulos	Senior	0:22:43	0:27:00	0:49:42
75	AAEW-47	Samuel Gadiano jr	Master	0:23:38	0:26:10	0:49:48
76	AAEW-299	Javier Sanchis	Open	0:24:48	0:25:00	0:49:48
77	AAEW-311	Carmel Burke	Veteran	0:24:43	0:25:24	0:50:06
78	AAEW-32	Herman Stemmet	Veteran	0:24:48	0:25:34	0:50:22
79	AAEK-71	Tina Olsson	Veteran	0:24:43	0:25:56	0:50:39
80	AAEK-189	Sydney Heinemann	Junior	0:25:22	0:25:57	0:51:18
81	AAEW-74	Petra Mackova	Open	0:24:38	0:26:42	0:51:19
82	AAEK-52	Cedric Roghi	Junior	0:27:16	0:24:38	0:51:54
83	AAEW-72	Ali Khan	Open	0:24:31	0:27:38	0:52:08
84	AAEW-115	Thomas Weindorf	Senior	0:26:18	0:26:18	0:52:36
85	AAEK-241	Nichole Kard	Veteran	0:25:48	0:26:59	0:52:47
86	AAEW-212	Alexandra Lewandowski	Open	0:26:09	0:27:21	0:53:30
87	AAEW-43	Kelly Pienaar	Open	0:24:48	0:28:43	0:53:31
88	AAEK-102	Mohammed Negm	Veteran	0:26:05	0:27:53	0:53:57
89	AAEK-1	Amr Moemen	Master	0:28:42	0:25:34	0:54:16
90	AAEK-50	Philippe Roghi	Veteran	0:27:16	0:27:21	0:54:36





Place	Chip #	Name	Category	Lap 1	Lap 2	Time
91	AAEW-344	Hitesh Mistry	Open	0:27:18	0:27:21	0:54:38
92	AAEW-174	Dorothy Hudea	Open	0:27:24	0:28:15	0:55:38
93	AAEK-260	Ahmad Abderrassoul	Open	0:26:58	0:29:03	0:56:00
94	AAEW-192	mohammed Shbair	Open	0:24:33	0:31:33	0:56:06
95	AAEW-204	Anastassiya Siner	Open	0:26:55	0:29:13	0:56:07
96	AAEK-240	Claire McCormack	Veteran	0:28:00	0:28:36	0:56:36
97	AAEW-193	Rakan Sheikhelard	Veteran	0:28:51	0:29:10	0:58:01
98	AAEW-208	Sandra Keating	Master	0:28:45	0:29:55	0:58:40
99	AAEW-126	Marion Mitton	Veteran	0:28:31	0:31:05	0:59:35
100	AAEW-94	Charlotte Ramos	Open	0:29:03	0:30:49	0:59:51
101	AAEW-148	Charles-Henri Arminjon	Veteran	0:28:37	0:33:25	1:02:01
102	AAEW-163	Suzette de Silva	Open	0:29:37	0:34:11	1:03:47
103	AAEK-17	Kathleen Heinemann	Veteran	0:28:47	0:36:36	1:05:23
104	AAEW-291	moustafa Waleed	Open	0:38:43	0:30:04	1:08:47
105	AAEK-94	Mohannad Qasem	Open	0:33:10	0:37:38	1:10:47
106	AAEW-350	Christopher Hunter	Master	0:33:37	0:38:13	1:11:50
107	AAEW-50	Tanuja V Gore	Open	0:37:05	0:38:40	1:15:45
108	AAEW-285	Heba Fawzi	Open	0:35:27	0:43:47	1:19:13
	AAEW-142	Hatem Altariqi	Open	----	----	No chip time





### One Lap (4Km)

Place	Chip #	Name	Category	Time
1	AAEK-198	Adil Mattar	Open	0:23:00
2	AAEW-42	Martin Findlay	Master	0:24:26
3	AAEK-316	Mustafa Al Hafi	Open	0:25:08
4	AAEK-315	Kareem Tabbaa	Open	0:25:11
5	AAEW-58	Hani Hmaidan	Open	0:25:41
6	AAEK-10	Ahmad Sammour	Open	0:25:43
7	AAEW-312	fadil alnassar	Open	0:26:36
8	AAEK-8	Rami Beylouni	Veteran	0:27:21
9	AAEW-71	Jowad Khan	Open	0:27:21
10	AAEW-33	Octavian Cucu	Open	0:28:09
11	AAEW-19	Ibrahim Bakkari	Open	0:29:27
12	AAEK-113	Mohammed Naimat	Open	0:29:35
13	AAEK-51	Luc Roghi	Junior	0:31:11
14	AAEK-191	Alex Heinemann	Junior	0:32:10
15	AAEK-153	Layla Zytoon	Open	0:33:04
16	AAEW-303	shahd alqahtani	Open	0:35:27
17	AAEW-275	Emily Appleton	Junior	0:36:02
18	AAEW-132	Yasmin Derbas	Open	0:45:50
19	AAEW-41	Anisa Ahmed	Open	1:04:08
20	AAEW-40	Oussama Fehri	Open	1:04:51
21	AAEW-38	Laiza Antonette Eseos	Open	1:04:59
22	AAEW-287	Sawsan Jumaa	Open	1:05:01
23	AAEW-90	Tertia Peenz	Master	1:05:37





Place	Chip #	Name	Category	Time
24	AAEW-235	Mariam Yousef	Open	1:06:04
25	AAEW-54	syed Haider	Open	1:06:39
26	AAEK-110	Carmen - Claudia Sasu-Weindorf	Veteran	1:07:11
27	AAEK-166	Diana Barabas	Veteran	1:07:12





DNF	AAEW-332	Dushy Tissa	Veteran
DNS	AAEW-3	Kholoud Al Haj	Open
DNS	AAEW-222	Muhammad Alhotan	Open
DNS	AAEW-91	Rehab Alkhudair	Open
DNS	AAEW-152	sarah Alshaer	Open
DNS	AAEW-141	Yazeed Alshobaili	Open
DNS	AAEK-143	Tareq Al-Sulaiman	Open
DNS	AAEW-149	Mohammed Asadi	Open
DNS	AAEW-288	Suleiman Asma	Open
DNS	AAEW-16	Cyma Azyz	Open
DNS	AAEW-22	Monica Barnes	Veteran
DNS	AAEK-310	Samer Baseet	Open
DNS	AAEW-135	mikael Bellec	Open
DNS	AAEW-25	Madhur Bhandari	Open
DNS	AAEW-85	Mohammed Bin Moammer	Open
DNS	AAEW-153	Khalil Buwaitel	Open
DNS	AAEW-81	Sunil Chelluri	Open
DNS	AAEK-307	Edrolin Claudio	Open
DNS	AAEK-2	Ben Cowling	Open
DNS	AAEK-389	Ariel Dizon	Veteran
DNS	AAEW-314	Felix Dolo	Open
DNS	AAEW-165	June Fay	Veteran
DNS	AAEK-75	Gareth Gallagher	Open







DNS	AAEW-5	Ahmad Joumah	Open
DNS	AAEW-131	Hamad Khawaji	Veteran
DNS	AAEW-108	Noura Khawaji	Open
DNS	AAEK-258	dolores carmen Legaspi Gazmin	Veteran
DNS	AAEW-82	Michael McDowell	Veteran
DNS	AAEW-319	Donal McElwee	Open
DNS	AAEK-182	Anne Morrissey	Master
DNS	AAEW-315	Omar Mostafa	Open
DNS	AAEW-6	JorgChristian Munck	Open
DNS	AAEW-182	Kristen Power	Veteran
DNS	AAEW-96	Noha Razek	Open
DNS	AAEW-97	José Redondo Allué	Open
DNS	AAEW-13	Salam Salam	Open
DNS	AAEW-29	Samiha Samiha	Open
DNS	AAEW-45	Dimah Sehli	Open
DNS	AAEW-86	Shahad Shahad	Open
DNS	AAEW-113	Luisito Vicencio	Master
DNS	AAEK-392	Wajeb Wahab	Open
DNS	AAEW-11	khaled Waleed	Junior
DNS	AAEW-318	Yuan Yao	Open
DNS	AAEW-56	Diwakar Yasarapu	Open

(DNF = Did Not Finish; DNS = Did Not Show)

If you require any clarifications or have any questions re above, please email [rr@riyadhrunners.com](mailto:rr@riyadhrunners.com) with '8km Results' in the subject field.

