



**Event:** 16km Series (2 of 3) **Date:** 18<sup>th</sup> November 2016  
**Venue:** Kapsarc Compound **Conditions:** Sunny and cool 19°C  
**Race Director:** Richard Slater  
**Registration:** Julie Appleton, Tina Olsson, Claudine Roghi  
**Course Setting:** Mark Appleton, David Hobbs, Martin Findlay, Amr Moemen, Jeffery Pingul,  
**Clear up:** Emily Appleton, Julie Appleton, Piotr Wysocki  
**Water Tables:** Martin Findlay, Cedric Roghi, Luc Roghi, Claes Spang  
**Photos:** Patrinel Vergara  
**Results:** Claudine Roghi

Place	Chip #	Name	Category	Lap 1	Lap 2	Lap 3	Lap 4	Time
1	AAEW-100	Sam Richards	Open	0:16:05	0:16:32	0:16:50	0:16:41	<b>1:06:07</b>
2	AAEW-271	David Ferry	Open	0:17:14	0:17:27	0:17:04	0:16:48	<b>1:08:31</b>
3	AAEW-221	Abdulwahid Almurshidi	Open	0:16:53	0:17:17	0:17:32	0:17:22	<b>1:09:03</b>
4	AAEK-7	Thomas Brackmann	Open	0:16:59	0:17:32	0:17:36	0:17:24	<b>1:09:31</b>
5	AAEW-134	Thomas Schneider	Open	0:17:06	0:17:28	0:17:44	0:17:50	<b>1:10:07</b>
6	AAEW-325	Batard Antoine	Open	0:17:47	0:18:19	0:18:11	0:17:55	<b>1:12:12</b>
7	AAEK-296	Michael Mould	Veteran	0:17:11	0:18:17	0:18:52	0:18:54	<b>1:13:14</b>
8	AAEW-297	Anthony Chee Chue	Open	0:17:10	0:18:16	0:19:00	0:18:53	<b>1:13:19</b>
9	AAEK-11	Abdulmajeed Almuayqil	Open	0:16:59	0:17:40	0:20:02	0:19:00	<b>1:13:40</b>
10	AAEK-337	Rodney Woodward	Master	0:17:47	0:18:39	0:18:43	0:18:43	<b>1:13:51</b>
11	AAEK-251	Mohamed Soliman	Open	0:16:38	0:18:22	0:19:43	0:19:59	<b>1:14:40</b>
12	AAEK-226	Wayne Hayes	Master	0:19:22	0:18:11	0:18:43	0:18:32	<b>1:14:47</b>
13	AAEW-8	Taleb Alessa	Open	0:18:27	0:19:01	0:19:33	0:19:09	<b>1:16:08</b>
14	AAEK-49	Claudine Roghi	Veteran	0:19:01	0:19:10	0:19:13	0:18:49	<b>1:16:12</b>
15	AAEW-180	Colin Muir	Master	0:18:53	0:19:12	0:19:21	0:19:01	<b>1:16:26</b>
16	AAEW-293	Stephane Huriez	Veteran	0:19:17	0:19:11	0:19:12	0:19:00	<b>1:16:38</b>
17	AAEW-65	Sunil Kandola	Open	0:19:03	0:19:04	0:19:19	0:20:07	<b>1:17:31</b>
18	AAEK-178	Carolyn Paajanen	Open	0:18:55	0:19:29	0:19:34	0:19:58	<b>1:17:54</b>
19	AAEK-55	Antonio Suarez Fernandez	Veteran	0:19:21	0:19:50	0:20:12	0:20:16	<b>1:19:37</b>





Place	Chip #	Name	Category	Lap 1	Lap 2	Lap 3	Lap 4	Time
20	AAEW-189	Claudio Scappaticci	Master	0:19:02	0:19:23	0:20:19	0:21:09	1:19:52
21	AAEW-296	Sven Gaebel	Open	0:19:25	0:20:07	0:20:20	0:20:21	1:20:11
22	AAEW-14	Kenthy Avelino	Veteran	0:20:22	0:20:31	0:19:54	0:20:14	1:20:59
23	AAEW-326	Madhur Bhandari	Open	0:18:52	0:19:41	0:21:01	0:21:42	1:21:14
24	AAEW-195	Piotr Wysocki	Veteran	0:19:14	0:20:46	0:20:45	0:21:07	1:21:50
25	AAEK-299	David Martinez	Veteran	0:20:31	0:20:37	0:20:26	0:20:24	1:21:57
26	AAEW-2	Rotimi Akinsiku	Veteran	0:19:24	0:20:25	0:21:02	0:21:12	1:22:03
27	AAEK-193	Katy Taylor	Open	0:19:52	0:20:59	0:21:15	0:20:35	1:22:39
28	AAEW-99	Joseph Vincent Reyes	Open	0:20:22	0:20:31	0:21:07	0:21:00	1:22:58
29	AAEK-174	abdulaziz Almuayqil	Open	0:20:09	0:20:32	0:21:05	0:21:39	1:23:23
30	AAEW-155	Constantino Cardalliaguet	Master	0:21:28	0:20:45	0:20:13	0:20:59	1:23:24
31	AAEK-100	Francisco Javier Casas Cobo	Veteran	0:21:56	0:21:18	0:20:41	0:19:33	1:23:25
32	AAEK-107	Mia McDowell	Veteran	0:20:38	0:20:37	0:21:20	0:21:08	1:23:41
33	AAEW-15	Mark Appleton	Master	0:20:51	0:20:47	0:21:14	0:20:53	1:23:44
34	AAEW-59	David Hobbs	Master	0:20:28	0:21:02	0:21:22	0:21:16	1:24:07
35	AAEK-432	Chris Vasios	Open	0:21:21	0:21:09	0:20:44	0:21:13	1:24:26
36	AAEW-231	Nicolas Blouin	Junior	0:21:12	0:21:17	0:21:18	0:21:11	1:24:57
37	AAEK-2	Ben Cowling	Open	0:20:56	0:21:05	0:21:29	0:22:00	1:25:29
38	AAEW-147	Marie-Pierre Arminjon	Veteran	0:21:41	0:21:45	0:21:15	0:20:50	1:25:29
39	AAEK-295	Ibrahim Soliman	Open	0:19:32	0:21:06	0:22:41	0:23:07	1:26:24
40	AAEW-270	Kevin david Jones	Master	0:19:55	0:20:26	0:22:15	0:23:58	1:26:33
41	AAEW-347	Adolfo Mora	Veteran	0:21:00	0:21:24	0:21:55	0:22:47	1:27:03
42	AAEW-95	Abdullah Almasnad	Open	0:20:49	0:21:41	0:22:45	0:22:08	1:27:22
43	AAEK-181	John Heinemann	Master	0:21:45 (Plus one extra lap 0:26:52)	0:21:53	0:22:05	0:22:03	1:27:46
44	AAEK-270	Mark McCormack	Veteran	0:20:49	0:21:19	0:22:59	0:22:44	1:27:50
45	AAEW-136	Mahdi Alaqeel	Open	0:20:30	0:21:08	0:23:35	0:23:30	1:28:42
46	AAEK-544	Fabio Celestra	Open	0:22:16	0:21:26	0:22:40	0:22:22	1:28:43





Place	Chip #	Name	Category	Lap 1	Lap 2	Lap 3	Lap 4	Time
47	AAEW-97	José Redondo Allué	Open	0:21:00	0:22:15	0:23:13	0:23:16	1:29:42
48	AAEW-138	Tawfeeq Mohammed Ali	Open	0:18:49	0:19:51	0:25:03	0:26:39	1:30:20
49	AAEK-278	Sarah Alabdullatif	Open	0:21:08	0:22:33	0:23:54	0:22:49	1:30:23
50	AAEK-109	Johan Swart	Master	0:21:42	0:23:01	0:23:13	0:23:46	1:31:41
51	AAEW-80	Chris Lovell	Master	0:24:06	0:23:36	0:21:40	0:22:21	1:31:41
52	AAEK-283	Nelly Attar	Open	0:22:10	0:22:31	0:23:43	0:24:20	1:32:42
53	AAEK-163	Guido Tavares	Veteran	0:22:10	0:22:34	0:23:29	0:24:36	1:32:47
54	AAEW-79	Paul Siner	Veteran	0:22:50	0:23:27	0:23:55	0:24:16	1:34:26
55	AAEK-464	Bruno Syfrig	Senior	0:22:28	0:23:47	0:24:29	0:23:47	1:34:29
56	AAEW-336	Diogo Gaivoto	Open	0:25:29	0:24:12	0:22:40	0:22:42	1:35:02
57	AAEW-179	Mohab Mohamed	Open	0:24:08	0:24:43	0:24:05	0:22:10	1:35:04
58	AAEW-18	Carrie Baker	Open	0:23:53	0:24:18	0:24:19	0:23:19	1:35:47
59	AAEW-64	Angel Algerico Juarez	Veteran	0:23:18	0:23:26	0:24:24	0:25:23	1:36:29
60	AAEW-321	Michele Vittorio	Veteran	0:24:04	0:25:15	0:23:54	0:24:03	1:37:15
61	AAEW-39	Khaled Essam	Open	0:23:51	0:24:18	0:24:19	0:25:22	1:37:48
62	AAEK-72	Walid ElMahdy	Veteran	0:21:20	0:24:02	0:25:54	0:27:34	1:38:49
63	AAEK-298	Wessam Ibrahim	Open	0:24:53	0:25:26	0:25:07	0:24:28	1:39:53
64	AAEW-26	Sarah Blainey	Open	0:26:18	0:25:55	0:26:00	0:26:27	1:44:38
65	AAEW-83	Michael Lahoud	Open	0:24:34	0:25:39	0:26:21	0:28:06	1:44:39
66	AAEK-43	Aabeda Pandor	Open	0:25:13	0:26:01	0:26:24	0:27:20	1:44:58
67	AAEK-446	Mostafa Elashery	Open	0:24:52	0:27:13	0:26:47	0:28:00	1:46:50
68	AAEW-331	Regardt Basson	Open	0:25:38	0:27:38	0:27:48	0:26:50	1:47:52
69	AAEW-47	Samuel Gadiano jr	Master	0:23:28	0:25:30	0:29:01	0:29:55	1:47:52
70	AAEW-222	Muhammad Alhotan	Open	0:26:31	0:26:08	0:27:19	0:28:05	1:48:01
71	AAEK-71	Tina Olsson	Veteran	0:26:01	0:26:50	0:28:15	0:28:15	1:49:20
72	AAEK-198	Adil Mattar	Open	0:25:53	0:27:30	0:27:46	0:28:15	1:49:22
73	AAEK-1	Amr Moemen	Master	0:27:18	0:27:05	0:27:57	0:28:12	1:50:30





Place	Chip #	Name	Category	Lap 1	Lap 2	Lap 3	Lap 4	Time
74	AAEW-349	Felix Dolo	Open	0:23:32	0:27:29	0:28:36	0:33:04	1:52:40
75	AAEK-102	Mohammed Negm	Veteran	0:25:48	0:27:36	0:29:36	0:32:32	1:55:31
76	AAEK-307	Edrolin Claudio	Open	0:26:46	0:27:43	0:28:12	0:33:07	1:55:46
77	AAEW-337	Sheel Bhadra	Veteran	0:22:15	0:28:50	0:30:07	0:34:50	1:56:01
78	AAEW-74	Petra Mackova	Open	0:25:04	0:27:26	0:31:10	0:32:48	1:56:26
79	AAEW-316	ales nesvadba	Veteran	0:23:06	0:24:34	0:26:48	0:42:01	1:56:27
80	AAEW-72	Ali Khan	Open	0:25:37	0:28:05	0:29:41	0:34:32	1:57:54
81	AAEK-267	Jawaher Alabdullatif	Open	0:26:13	0:27:39	0:29:26	0:34:45	1:58:02
82	AAEK-154	Sergey Yurchenko	Open	0:25:31	0:25:34	0:29:00	0:38:06	1:58:10
83	AAEW-327	Ziyad Almasri	Open	0:27:03	0:28:53	0:30:26	0:32:12	1:58:32
84	AAEW-170	Fida Alkaud	Open	0:26:12	0:30:15	0:30:24	0:32:09	1:58:59
85	AAEW-141	Yazeed Alshobaili	Open	0:26:23	0:27:04	0:29:17	0:36:33	1:59:15
86	AAEK-276	Boulos Kerbage	Open	0:27:35	0:29:51	0:31:01	0:30:50	1:59:16
87	AAEW-102	Sanjay Satpute	Open	0:26:03	0:28:58	0:32:27	0:31:51	1:59:17
88	AAEW-56	Amani Alshaer	Open	0:25:31	0:27:48	0:31:58	0:36:56	2:02:12
89	AAEW-204	Anastassiya Siner	Open	0:28:45	0:31:55	0:30:34	0:31:24	2:02:37
90	AAEW-163	Suzette de Silva	Open	0:30:40	0:33:01	0:34:51	0:35:28	2:13:58
91	AAEW-343	Rayhum Carrillo	Open	0:28:10	0:33:10	0:34:26	0:38:19	2:14:03
92	AAEW-94	Charlotte Ramos	Open	0:30:05	0:32:42	0:35:31	0:37:19	2:15:36
93	AAEW-86	Florentino Amodo	Senior	0:33:31	0:32:40	0:33:23	0:37:48	2:17:20
94	AAEK-215	ayesha ismail	Senior	0:30:29	0:34:12	0:35:46	0:38:37	2:19:03

AAEK-165	Marcelo Martinez	Veteran	No Chip Time
AAEK-53	Dave Clark Marie Obina	Veteran	No Chip Time
AAEK-94	Mohannad Qasem	Open	No Chip Time





### Three Laps (12Km)

Place	Chip #	Name	Category	Lap 1	Lap 2	Lap 3	Time
1	AAEW-324	Ahmad Fadlallah	Open	0:21:00	0:19:40	0:19:30	1:00:09
2	AAEW-320	John Ryan	Veteran	0:21:21	0:22:59	0:24:43	1:09:02
3	AAEW-29	Abdulaziz Alothaim	Junior	0:18:46	0:28:38	0:25:48	1:13:12
4	AAEW-62	Ndiaye Ibu	Veteran	0:23:30	0:25:35	0:26:46	1:15:49
5	AAEK-189	Sydney Heinemann	Junior	0:25:08	0:26:03	0:24:56	1:16:06
6	AAEW-299	Javier Sanchis	Open	0:25:22	0:26:03	0:29:19	1:20:44
7	AAEW-226	Dominique Delbecq	Master	0:27:17	0:28:53	0:29:06	1:25:15
8	AAEW-287	Sawsan Jumaa	Open	0:30:54	0:33:59	0:35:54	1:40:46
9	AAEW-329	Laura Jimenez-Garcia	Open	0:31:07	0:34:35	0:35:36	1:41:18
10	AAEW-172	Christina Henderson	Open	0:33:19	0:36:12	0:39:59	1:49:30

### Two Laps (8Km)

Place	Chip #	Name	Category	Lap 1	Lap 2	Time
1	AAEK-173	Danny Maggs	Veteran	0:19:11	0:19:38	0:38:49
2	AAEW-129	David Wogan	Open	0:20:33	0:20:16	0:40:49
3	AAEW-146	Balthazar Arminjon	Junior	0:21:38	0:21:45	0:43:22
4	AAEW-78	Nikki Layne	Veteran	0:21:41	0:22:39	0:44:20
5	AAEW-48	Sasha Goldsmith	Veteran	0:24:06	0:23:29	0:47:34
6	AAEW-200	Iqbal Adjali	Master	0:22:16	0:25:44	0:48:00
7	AAEW-298	Keith Pugh	Open	0:22:31	0:25:53	0:48:24
8	AAEW-300	Pablo Ybarra	Veteran	0:25:21	0:25:30	0:50:50
9	AAEW-96	Noha Razek	Open	0:26:08	0:25:59	0:52:07
10	AAEK-191	Alex Heinemann	Junior	0:26:24	0:27:23	0:53:47
11	AAEW-174	Dorothy Hudea	Open	0:27:28	0:28:17	0:55:44
12	AAEK-50	Philippe Roghi	Veteran	0:27:57	0:28:47	0:56:43
13	AAEW-334	Laurent Benard	Veteran	0:26:54	0:32:07	0:59:01
14	AAEW-148	Charles-Henri Arminjon	Veteran	0:27:55	0:31:35	0:59:30
15	AAEK-166	Diana Barabas	Veteran	0:29:53	0:30:16	1:00:08
16	AAEW-323	Anas Jarrar	Open	0:23:59	0:37:00	1:00:58
17	AAEW-58	Hani Hmaidan	Open	0:25:21	0:36:46	1:02:06
18	AAEW-71	Jowad Khan	Open	0:29:44	0:33:26	1:03:10





Place	Chip #	Name	Category	Lap 1	Lap 2	Time
19	AAEW-130	Roberta Hobbs	Master	0:29:52	0:35:03	1:04:55
20	AAEK-143	Tareq Al-Sulaiman	Open	0:33:20	0:34:38	1:07:57
21	AAEW-303	shahd alqahtani	Open	0:33:58	0:41:15	1:15:12
22	AAEW-285	Heba Fawzi	Open	0:33:54	0:41:19	1:15:12
23	AAEW-38	Laiza Antonette Eseos	Open	0:36:20	0:39:12	1:15:31
24	AAEW-40	Oussama Fehri	Open	0:40:49	0:38:37	1:19:26
25	AAEW-288	Suleiman Asma	Open	0:40:14	0:45:03	1:25:17
26	AAEW-238	Maimonah AlShaer	Open	1:01:31	0:30:12	1:31:42

### One Lap (4Km)

Place	Chip #	Name	Category	Time
1	AAEW-312	fadil Alnassar	Open	0:25:28
2	AAEK-51	Luc Roghi	Junior	0:26:59
3	AAEK-113	Mohammed Naimat	Open	0:29:35
4	AAEW-333	Fatima Shawi	Open	0:35:16
5	AAEW-132	Yasmin Derbas	Open	0:37:34

DNF      AAEK-179      Naomi Gordon      Open

DNS      AAEW-11      Rania Abdulkader      Open

DNS      AAEW-41      Anisa Ahmed      Open

DNS      AAEK-316      Mustafa Al Hafi      Open

DNS      AAEW-13      Kholoud Al Haj      Open

DNS      AAEW-9      Mohammed Alfraihi      Open

DNS      AAEW-45      Amal Alsayegh      Open

DNS      AAEW-142      Hatem Altariqi      Open

DNS      AAEW-308      Abdulrhamn Alzaid      Open

DNS      AAEW-294      Mohamed Aryn      Open

DNS      AAEW-19      Ibrahim Bakkari      Open

DNS      AAEW-153      Khalil Buwaitel      Open





DNS	AAEW-304	Malek Chatila	Open
DNS	AAEK-389	Ariel Dizon	Veteran
DNS	AAEW-330	Almajed Fahad	Open
DNS	AAEW-166	Mohamed Mekki Fehri	Open
DNS	AAEW-289	Maevelyn Gajo	Veteran
DNS	AAEW-50	Tanuja V Gore	Open
DNS	AAEW-51	vikas Gupta	Veteran
DNS	AAEW-342	Azza Hassan	Master
DNS	AAEK-17	Kathleen Heinemann	Veteran
DNS	AAEW-348	Suha Helmy	Open
DNS	AAEK-3	Kenan Homsı	Open
DNS	AAEW-131	Hamad Khawaji	Veteran
DNS	AAEW-335	Noura Khawaji	Open
DNS	AAEW-341	Sarah Miss	Open
DNS	AAEW-309	Tamim Mohamed	Junior
DNS	AAEK-344	Hamad Ozaybi	Open
DNS	AAEK-288	Stephanie Proft	Open
DNS	AAEW-101	Jaime Rodenas	Open
DNS	AAEK-10	Ahmad Sammour	Open
DNS	AAEW-272	Maha Sayegh	Open
DNS	AAEW-192	mohammed Shbair	Open
DNS	AAEK-315	Kareem Tabbaa	Open
DNS	AAEK-349	Waseem Tabbaa	Open
DNS	AAEW-112	Jan Van Winckel	Veteran
DNS	AAEW-322	Luisito Vicencio	Master
DNS	AAEW-328	Alawadhy Wesam	Open
DNS	AAEK-153	Layla Zytoon	Open

(DNF = Did Not Finish; DNS = Did Not Show)

If you require any clarifications or have any questions re above, please email [rrr@riyadhroadrunners.com](mailto:rrr@riyadhroadrunners.com) with '16km Results' in the subject field.

