



**Event:** 5km Series (2 of 3) **Date:** 2<sup>nd</sup> December 2016  
**Venue:** Al Nakhla Compound **Conditions:** Sunny but cool 19°C  
**Race Director:** Richard Slater  
**Registration:** Nichole Kard, Tina Olsson, Carolyn Paajanen, Claudine Roghi, Luc Roghi  
**Course Setting/Clear up:** Mark Appleton, Martin Findlay, Amr Moemen, Jeffery Pingul, Piotr Wysocki  
**Water Tables:** Claes Spang  
**Photos:** Patrinel Vergara  
**Results:** Claudine Roghi

Place	Chip #	Name	Category	Lap 1	Lap 2	Time
1	AAEK-333	Andrew Powell	Veteran	0:08:59	0:09:25	<b>0:18:23</b>
2	AAEW-100	Sam Richards	Open	0:09:26	0:09:39	<b>0:19:04</b>
3	AAEW-221	Abdulwahid Almurshidi	Open	0:09:55	0:10:30	<b>0:20:24</b>
4	AAEW-281	Mattia Zanetti	Open	0:10:14	0:10:19	<b>0:20:33</b>
5	AAEW-8	Taleb Alessa	Open	0:10:22	0:10:30	<b>0:20:51</b>
6	AAEK-11	Abdulmajeed Almuayqil	Open	0:10:19	0:10:33	<b>0:20:52</b>
7	AAEW-137	Abdulaziz Alhumaid	Open	0:10:20	0:10:57	<b>0:21:17</b>
8	AAEK-251	Mohamed Soliman	Open	0:10:17	0:11:01	<b>0:21:18</b>
9	AAEK-296	Michael Mould	Veteran	0:10:32	0:11:03	<b>0:21:35</b>
10	AAEK-337	Rodney Woodward	Master	0:10:50	0:10:56	<b>0:21:45</b>
11	AAEW-65	Sunil Kandola	Open	0:10:46	0:11:02	<b>0:21:47</b>
12	AAEW-93	Roger Radua Castano	Open	0:10:40	0:11:21	<b>0:22:00</b>
13	AAEW-304	Malek Chatila	Open	0:11:03	0:11:03	<b>0:22:05</b>
14	AAEK-49	Claudine Roghi	Veteran	0:11:25	0:11:07	<b>0:22:32</b>
15	AAEW-180	Colin Muir	Master	0:11:25	0:11:16	<b>0:22:40</b>
16	AAEW-352	Jaime Carrasco Reyes	Open	0:11:56	0:10:51	<b>0:22:47</b>
17	AAEW-326	Madhur Bhandari	Open	0:11:15	0:11:33	<b>0:22:47</b>
18	AAEK-174	abdulaziz Almuayqil	Open	0:11:10	0:11:42	<b>0:22:51</b>
19	AAEK-100	Francisco Javier Casas Cobo	Veteran	0:11:48	0:11:05	<b>0:22:53</b>
20	AAEW-230	José Miguel Mazarías Romo	Veteran	0:10:48	0:12:07	<b>0:22:55</b>
21	AAEW-142	Hatem Altariqi	Open	0:11:20	0:11:46	<b>0:23:05</b>
22	AAEW-283	Guillem Plana	Veteran	0:11:32	0:11:36	<b>0:23:08</b>
23	AAEK-55	Antonio Suarez Fernandez	Veteran	0:11:27	0:11:44	<b>0:23:11</b>
24	AAEK-178	Carolyn Paajanen	Open	0:11:31	0:11:42	<b>0:23:12</b>
25	AAEW-138	Tawfeeq Mohammed Ali	Open	0:11:26	0:11:54	<b>0:23:20</b>
26	AAEK-299	David Martinez	Veteran	0:11:53	0:11:29	<b>0:23:21</b>
27	AAEK-182	Anne Morrissey	Master	0:11:35	0:11:50	<b>0:23:24</b>





Place	Chip #	Name	Category	Lap 1	Lap 2	Time
28	AAEW-84	Roy Mitton	Veteran	0:11:20	0:12:05	0:23:25
29	AAEK-432	Chris Vasios	Open	0:11:44	0:11:45	0:23:28
30	AAEW-195	Piotr Wysocki	Veteran	0:11:39	0:11:56	0:23:34
31	AAEW-70	David Magaz	Open	0:12:10	0:11:28	0:23:37
32	AAEW-136	Mahdi Alaqeel	Open	0:11:29	0:12:11	0:23:39
33	AAEW-95	Abdullah Almasnad	Open	0:12:10	0:11:34	0:23:43
34	AAEW-10	Alanoud Ali	Open	0:11:37	0:12:12	0:23:48
35	AAEK-295	Ibrahim Soliman	Open	0:11:31	0:12:24	0:23:54
36	AAEW-155	Constantino Cardalliaguet	Master	0:12:11	0:11:46	0:23:56
37	AAEW-4	Lois Sargent	Open	0:11:48	0:12:12	0:24:00
38	AAEK-107	Mia McDowell	Veteran	0:11:46	0:12:15	0:24:00
39	AAEW-147	Marie-Pierre Arminjon	Veteran	0:12:06	0:11:56	0:24:01
40	AAEW-146	Balthazar Arminjon	Junior	0:12:05	0:12:00	0:24:05
41	AAEW-59	David Hobbs	Master	0:11:57	0:12:16	0:24:13
42	AAEW-211	Mike Angelin	Veteran	0:11:48	0:12:46	0:24:33
43	AAEK-270	Mark McCormack	Veteran	0:12:03	0:12:31	0:24:34
44	AAEK-60	Georges El Khoury	Veteran	0:12:18	0:12:18	0:24:36
45	AAEW-14	Kenthly Avelino	Veteran	0:12:05	0:12:36	0:24:41
46	AAEW-336	Diogo Gaivoto	Open	0:13:08	0:12:03	0:25:11
47	AAEW-45	Mohammed Bin Moammer	Open	0:11:47	0:13:44	0:25:31
48	AAEK-109	Johan Swart	Master	0:12:55	0:12:47	0:25:42
49	AAEW-97	Jose Maria Redondo Allue	Open	0:13:10	0:12:41	0:25:51
50	AAEK-278	Sarah Alabdullatif	Open	0:12:57	0:12:56	0:25:53
51	AAEW-101	Jaime Rodenas	Open	0:13:20	0:12:38	0:25:57
52	AAEW-310	Rodolphe Issa	Open	0:12:20	0:13:41	0:26:00
53	AAEW-236	Rene Lapalme	Master	0:12:50	0:13:12	0:26:02
54	AAEW-78	Nikki Layne	Veteran	0:13:07	0:13:01	0:26:08
55	AAEK-101	Eslam El Khateeb	Open	0:14:01	0:12:17	0:26:18
56	AAEW-13	Anas Alduhishy	Open	0:11:47	0:14:38	0:26:24
57	AAEW-144	Juan Ramon Martin Menoyo	Veteran	0:13:20	0:13:05	0:26:25
58	AAEW-274	Barbara Czaplá	Open	0:12:41	0:13:49	0:26:30
59	AAEW-64	Angel Algerico Juarez	Veteran	0:13:25	0:13:13	0:26:38
60	AAEW-169	Frederick Reynecke	Master	0:13:20	0:13:21	0:26:41
61	AAEW-282	Robert Pereira	Master	0:12:55	0:13:53	0:26:47
62	AAEW-239	JorgeChristian Munck	Open	0:13:17	0:13:32	0:26:49
63	AAEK-239	Amelia Mccormack	Junior	0:13:28	0:13:22	0:26:50
64	AAEW-26	Sarah Blainey	Open	0:13:39	0:13:16	0:26:54
65	AAEK-72	Walid ElMahdy	Veteran	0:12:46	0:14:10	0:26:56
66	AAEK-328	Jose Antonio Lucas Carmona	Master	0:13:16	0:13:42	0:26:57





Place	Chip #	Name	Category	Lap 1	Lap 2	Time
67	AAEW-217	Kiriakos Skarpas	Veteran	0:13:53	0:13:14	0:27:07
68	AAEW-143	Ali Amer	Open	0:12:43	0:14:29	0:27:11
69	AAEW-83	Michael Lahoud	Open	0:13:32	0:13:51	0:27:22
70	AAEW-279	Angel Barcelo	Veteran	0:14:17	0:13:09	0:27:25
71	AAEW-354	Ronnan Guyader	Veteran	0:14:15	0:13:11	0:27:26
72	AAEW-331	Regardt Basson	Open	0:12:54	0:14:45	0:27:38
73	AAEW-192	mohammed Shbair	Open	0:13:35	0:14:17	0:27:52
74	AAEW-98	Loai Khalifah	Open	0:13:59	0:13:55	0:27:53
75	AAEW-295	John Bade	Master	0:14:14	0:13:47	0:28:01
76	AAEW-212	Alexandra Lewandowski	Open	0:14:22	0:13:47	0:28:09
77	AAEW-200	Iqbal Adjali	Master	0:13:49	0:14:28	0:28:17
78	AAEK-156	Maram Aleid	Open	0:13:49	0:14:38	0:28:27
79	AAEW-51	vikas Gupta	Veteran	0:13:29	0:15:07	0:28:35
80	AAEW-252	Gyoungoh Jang	Master	0:14:21	0:14:23	0:28:43
81	AAEW-63	Denis Lahaye	Open	0:14:54	0:14:25	0:29:19
82	AAEK-316	Mustafa Al Hafi	Open	0:14:47	0:14:33	0:29:19
83	AAEW-141	Yazeed Alshobaili	Open	0:14:38	0:14:43	0:29:21
84	AAEK-110	Carmen - Claudia Sasu-Weindorf	Veteran	0:15:32	0:13:53	0:29:25
85	AAEW-205	Bernard Caluna	Open	0:15:08	0:14:20	0:29:28
86	AAEW-360	Patrick Gaglio	Master	0:14:39	0:15:12	0:29:50
87	AAEW-289	Maevelyn Gajo	Veteran	0:14:57	0:14:55	0:29:51
88	AAEK-43	Aabeda Pandor	Open	0:15:28	0:14:47	0:30:14
89	AAEK-240	Claire McCormack	Veteran	0:14:51	0:15:27	0:30:18
90	AAEW-191	Hector Salarda	Open	0:14:41	0:15:45	0:30:25
91	AAEW-302	Natalia Precisoso	Veteran	0:15:00	0:15:31	0:30:30
92	AAEW-307	Juan Canovas	Veteran	0:14:59	0:15:31	0:30:30
93	AAEW-43	Kelly Pienaar	Open	0:14:57	0:15:35	0:30:32
94	AAEW-312	fadil Alnassar	Open	0:15:03	0:15:31	0:30:34
95	AAEK-128	Al Baraa12 Al Siddiq	Junior	0:13:33	0:17:08	0:30:41
96	AAEK-10	Ahmad Sammour	Open	0:15:01	0:15:41	0:30:42
97	AAEW-323	Anas Jarrar	Open	0:14:27	0:16:22	0:30:48
98	AAEK-241	Nichole Kard	Veteran	0:15:19	0:15:31	0:30:49
99	AAEW-47	Samuel Gadiano jr	Master	0:15:10	0:15:49	0:30:58
100	AAEW-218	Kevin Lastra	Open	0:15:32	0:15:37	0:31:09
101	AAEW-115	Thomas Weindorf	Senior	0:16:08	0:15:21	0:31:28
102	AAEW-140	saeed baradwan	Open	0:14:31	0:17:07	0:31:37
103	AAEW-152	Iyad Okal	Junior	0:12:50	0:18:51	0:31:40
104	AAEW-234	Pierre Delbecq	Master	0:15:47	0:15:56	0:31:42
105	AAEW-226	Dominique Delbecq	Master	0:15:48	0:15:55	0:31:42





Place	Chip #	Name	Category	Lap 1	Lap 2	Time
106	AAEK-358	Ricci Diorelle Bongon	Open	0:15:40	0:16:23	0:32:02
107	AAEK-267	Jawaher Alabdullatif	Open	0:15:19	0:16:44	0:32:03
108	AAEW-42	Martin Findlay	Master	0:15:18	0:16:45	0:32:03
109	AAEW-91	Rehab Alkhudair	Open	0:15:49	0:16:21	0:32:10
110	AAEW-12	Latifa Almojel	Open	0:15:29	0:16:48	0:32:16
111	AAEW-61	Khadija Ibrahim	Open	0:15:29	0:16:48	0:32:17
112	AAEW-357	Miguel Angel Grande	Veteran	0:15:05	0:17:29	0:32:34
113	AAEW-174	Dorothy Hudea	Open	0:16:29	0:16:07	0:32:35
114	AAEK-92	Adnan Albrijawi Alhomsi	Junior	0:14:26	0:18:32	0:32:57
115	AAEK-1	Amr Moemen	Master	0:16:06	0:17:06	0:33:12
116	AAEW-154	Bonhoeffler Mimban	Veteran	0:16:50	0:16:24	0:33:13
117	AAEW-94	Charlotte Ramos	Open	0:16:51	0:16:23	0:33:14
118	AAEW-177	Omar Kamoun	Open	0:16:56	0:16:22	0:33:17
119	AAEW-58	Hani Hmaidan	Open	0:16:23	0:16:57	0:33:19
120	AAEW-278	Francisco Cano Osuna	Veteran	0:16:12	0:17:15	0:33:26
121	AAEK-50	Philippe Roghi	Veteran	0:17:50	0:16:14	0:34:04
122	AAEW-170	Fida Alkaud	Open	0:14:30	0:19:47	0:34:16
123	AAEW-148	Charles-Henri Arminjon	Veteran	0:16:48	0:17:54	0:34:41
124	AAEW-130	Roberta Hobbs	Master	0:17:43	0:17:05	0:34:47
125	AAEW-193	Rakan Sheikhelard	Veteran	0:17:54	0:16:55	0:34:49
126	AAEK-163	Guido Tavares	Veteran	0:20:56	0:13:54	0:34:49
127	AAEW-96	Noha Razek	Open	0:16:17	0:18:43	0:35:00
128	AAEK-167	Diana Barabas	Veteran	0:16:44	0:18:23	0:35:07
129	AAEW-358	Mustafa Varol	Senior	0:17:35	0:17:59	0:35:34
130	AAEK-102	Mohammed Negm	Veteran	0:16:18	0:19:24	0:35:42
131	AAEW-85	Hamdan Alyami	Open	0:15:22	0:20:38	0:36:00
132	AAEK-113	Mohammed Naimat	Open	0:16:14	0:20:25	0:36:38
133	AAEW-126	Marion Mitton	Veteran	0:17:40	0:19:06	0:36:45
134	AAEW-176	Mohamed Jebreen	Open	0:18:06	0:19:14	0:37:19
135	AAEW-359	Canan Varol	Master	0:17:45	0:19:38	0:37:22
136	AAEW-225	Jude Tashkandi	Open	0:17:01	0:21:03	0:38:04
137	AAEW-9	Mohammed Alfraihi	Open	0:19:03	0:19:09	0:38:12
138	AAEW-110	Eithar Fàhad	Open	0:18:21	0:20:34	0:38:55
139	AAEW-40	Oussama Fehri	Open	0:19:23	0:19:32	0:38:55
140	AAEW-38	Laiza Antonette Eseos	Open	0:19:42	0:19:16	0:38:57
141	AAEW-287	Sawsan Jumaa	Open	0:18:14	0:20:45	0:38:58
142	AAEW-329	Laura Jimenez-Garcia	Open	0:19:21	0:20:03	0:39:23
143	AAEW-188	Bayan Saeed	Open	0:19:11	0:20:25	0:39:36
144	AAEW-172	Christina Henderson	Open	0:19:53	0:19:44	0:39:37





Place	Chip #	Name	Category	Lap 1	Lap 2	Time
145	AAEK-94	Mohannad Qasem	Open	0:19:47	0:21:09	<b>0:40:56</b>
146	AAEW-46	Malak Al Kaud	Open	0:19:50	0:21:17	<b>0:41:06</b>
147	AAEW-90	Tertia Peenz	Master	0:20:25	0:20:49	<b>0:41:14</b>
148	AAEW-105	Ghalia Alkhalidi	Open	0:19:56	0:21:23	<b>0:41:19</b>
149	AAEW-81	Noura Khawaji	Open	0:19:43	0:21:40	<b>0:41:23</b>
150	AAEW-333	Fatima Shawi		0:19:54	0:22:55	<b>0:42:48</b>
151	AAEK-153	Layla Zytoon	Open	0:20:07	0:22:45	<b>0:42:52</b>
152	AAEW-6	Nouf Ibrahim	Open	0:19:31	0:23:31	<b>0:43:01</b>
153	AAEW-207	Anna Angelin	Veteran	0:21:04	0:22:25	<b>0:43:28</b>
154	AAEK-348	Soledad Turton	Veteran	0:21:50	0:23:27	<b>0:45:17</b>
155	AAEW-50	Tanuja V Gore	Open	0:22:16	0:23:41	<b>0:45:56</b>
156	AAEW-54	syed Haider	Open	0:21:18	0:24:51	<b>0:46:09</b>
157	AAEK-297	Rawan Khalaf	Open	0:21:19	0:24:59	<b>0:46:18</b>
158	AAEK-143	Tareq Al-Sulaiman	Open	0:23:17	0:25:34	<b>0:48:50</b>
159	AAEK-138	Arwa Al-Munajjed	Open	0:23:17	0:25:34	<b>0:48:51</b>
160	AAEW-353	Pilar Penn	Master	0:26:22	0:22:51	<b>0:49:12</b>
161	AAEW-276	Les Mould	Senior	0:25:14	0:24:18	<b>0:49:31</b>
162	AAEW-277	Marylyn Mould	Senior	0:25:14	0:24:17	<b>0:49:31</b>

### One Lap (2.5Km)

Place	Chip #	Name	Category	Time
1	AAEK-52	Cedric Roghi	Junior	0:21:03
2	AAEK-172	Skye Tavares	Open	0:21:04
3	AAEW-185	Ma. Ninotchka Carrillo	Open	0:21:08
4	AAEW-132	Yasmin Derbas	Open	0:21:08
5	AAEW-288	Suleiman Asma	Open	0:24:43
6	AAEW-33	Octavian Cucu	Open	0:25:08
7	AAEW-280	Jose Manuel Gonzalez Martin	Veteran	0:28:06





AAEW-29	Abdulaziz Alothaim	Junior	No Chip Time
AAEW-343	Rayhum Carrillo	Open	No Chip Time
AAEW-82	Michael McDowell	Veteran	No Chip Time

DNF	AAEW-216	Ayman Elfadil	Open
DNS	AAEW-106	Rania Abdulkader	Open
DNS	AAEW-11	Reem al khamees	Veteran
DNS	AAEW-103	Abdulah Alabdullatif	Open
DNS	AAEW-109	Lujain Aljarallah	Open
DNS	AAEW-108	Yara Aljarallah	Open
DNS	AAEK-157	Faisal Al-Munajjed	Junior
DNS	AAEW-238	Maimonah AlShaer	Open
DNS	AAEW-107	sarah Alshaer	Open
DNS	AAEW-308	Abdulhamn Alzaid	Open
DNS	AAEW-294	Mohamed Aryn	Open
DNS	AAEW-16	Cyma Azyz	Open
DNS	AAEK-310	Samer Baseet	Open
DNS	AAEW-337	Sheel Bhadra	Veteran
DNS	AAEW-269	Omar Boutahar	Open
DNS	AAEW-153	Khalil Buwaitel	Open
DNS	AAEK-307	Edrolin Claudio	Open
DNS	AAEW-186	Marjorie Deiparine	Open
DNS	AAEW-268	Yousra Diouri	Open
DNS	AAEW-190	Wael Eissa	Veteran
DNS	AAEK-369	Mohamed Elkhalil	Open
DNS	AAEW-324	Ahmad Fadlallah	Open
DNS	AAEW-133	Eugene Farrell	Veteran
DNS	AAEW-213	Francesca Fraser	Veteran
DNS	AAEK-75	Gareth Gallagher	Open
DNS	AAEK-444	Stuart Gribben	Open
DNS	AAEW-113	Suha Helmy	Open
DNS	AAEK-3	Kenan Homs	Open
DNS	AAEW-203	Abdulla Karmi	Open
DNS	AAEK-276	Boulos Kerbage	Open
DNS	AAEW-72	Ali Khan	Open
DNS	AAEW-71	Jowad Khan	Open







DNS	AAEW-5	Zainah Konbaz	Open
DNS	AAEW-178	Zuzana Kukuckova	Open
DNS	AAEK-24	Amanda Lenzlinger	Veteran
DNS	AAEW-286	christine martinez	Veteran
DNS	AAEW-151	Mankung Maswikaneng	Open
DNS	AAEW-104	Ranad Moawad	Open
DNS	AAEW-3	Rua Mulla	Open
DNS	AAEW-88	Christopher Nixon	Veteran
DNS	AAEW-210	Sunil Pawar	Open
DNS	AAEK-288	Stephanie Proft	Open
DNS	AAEW-272	Maha Sayegh	Open
DNS	AAEW-189	Claudio Scappaticci	Master
DNS	AAEW-173	Lorna Sevilla	Open
DNS	AAEW-219	Patricia Villegas	Open
DNS	AAEW-157	Mohamed zayed	Open

(DNF = Did Not Finish; DNS = Did Not Show)

If you require any clarifications or have any questions re above, please email [rrr@riyadhroadrunners.com](mailto:rrr@riyadhroadrunners.com) with '5km Results' in the subject field.

